

Thank you for your interest in Oregon Department of Fish and Wildlife's Archery Education Programs. For more information about archery in Oregon visit: <https://myodfw.com/articles/youth-archery-programs-oregon>. To contact the archery education coordinator email [Stephanie.m.rustad@state.or.us](mailto:Stephanie.m.rustad@state.or.us).

If you are interested in starting a program but not at this time, sign up for the ODFW Quiver Newsletter by emailing Stephanie to stay updated on class certification dates and information.



**NASP:** [www.naspschools.org](http://www.naspschools.org)

NASP® in Oregon is run by school teachers, faculty, parents, and other volunteers within the school. ODFW trains instructors who then lead the archery program in their school as they see fit. NASP® must take place for 10+ hours per year during the regularly scheduled school day. When the ten hours (or more) take place is up to you. Ex: Archery can be taught one hour a day, one day a week, for ten weeks.

**Range:** NASP® is usually set-up in a gym or outdoor field with safety precautions in place. NASP® starts new archers shooting 5-7 yards away from the target, and as they become sufficient at hitting the target can be moved back in increments to 15 yards. About the size of a half a basketball court is adequate room.

**Equipment:** NASP® uses the Genesis bow (no pro or mini) and Genesis arrows to keep an even playing field amongst all students. The bows range from 10-20 pounds and have minimal accessories.

**Grades:** NASP is open to those in 4th through 12th grade as both an in-school and after school activity.

**Cost:** Cost is the initial barrier to the program, which is why ODFW is providing equipment kits to Oregon schools on a long-term loan basis as long as they meet the basic requirements. The additional costs to students would be if they want to buy their own equipment, or if they would like to compete in tournaments.

ODFW is also providing certification training to instructors – this will teach them how to safely set-up an archery range, how to shoot a bow and teach others to shoot a bow, how to take care of the equipment, and more.

**Safety:** Archery is one of the safest sports out there, second to ping-pong. The biggest concern for administration is usually that the arrows will scratch up the gym floors. Feedback from current coaches is that the arrows do no damage. The bows are at such a light draw weight that the arrow just bounces down the floor. The reason archery is so safe is because safety is drilled into every aspect of it to make sure that no one gets hurt.

**Curriculum:** NASP curriculum was written by education, conservation, and target archery experts to meet state and national educational standards.

**Competition and Scholarship Opportunities:**

NASP schools are able to host their own local level competitions, many do as a way to fundraise for their archery team. Oregon currently offers indoor target regional and state competitions, along with a virtual competition. The state and national levels of competition award winning archers thousands of dollars in academic scholarships. As the program continues to grow, more competitive opportunities will be available.



If you are interested in starting a program, the first item I need is an email from the principal of your school telling me that they give permission for the school to participate.

The second step is to get instructors trained – one instructor is required per school but I recommend having at least 2. These can be PE teachers, other teachers or faculty, parents, or community members. Have the interested people register and attend a training found on [www.naspbai.org](http://www.naspbai.org) or hosting one at your school (minimum 5 participants - may be from surrounding schools, community members, or other faculty).

After your instructor is trained, you will receive the equipment kit on a long-term loan basis. The requirements to keep this kit are:

1. A certified instructor is on staff at the school
2. Archery must be taught in-school for a minimum of 10 hours each year

Currently posted trainings can be found at [www.naspbai.org](http://www.naspbai.org)



**S3DA** [www.s3da.org](http://www.s3da.org)

S3DA is run by community members or school instructors who lead the archery program at a range, club, or school as they see fit. ODFW provides the instructor certification and is available to answer any questions about starting or running the program, or continuing with archery.

**Range:** S3DA runs three styles of competition: indoor target, outdoor target, and 3D. While it would be great to have all three of these ranges set-up all year long, it is not required. Many clubs only have access to an indoor 20- yard range, and will also practice with 3D targets at close distance. Some clubs take field-trips to nearby ranges to try different ranges and targets.

**Equipment:** S3DA uses all types of equipment and is divided into four divisions: traditional, Olympic recurve, open, and fixed pin.

**Grades:** S3DA is open to those 8-18 as both an in-school or after-school activity.

**Cost:** Cost is the initial barrier to the program. This is why ODFW is providing equipment kits to Oregon groups on a long-term loan basis as long as they meet the basic requirements. The additional costs to students would be if they want to buy their own equipment, or if they would like to compete in tournaments. ODFW is also providing certification training to instructors – this will teach them how to safely set-up an archery range, how to shoot a bow and teach others to shoot a bow, how to take care of the equipment, and more.

**Safety:** Archery is one of the safest sports out there, second to ping-pong. Archery remains safe and fun as long as participants remember and abide by the range rules, and the range makes sure safety precautions are in place.

**Competition and Scholarship Opportunities:** S3DA groups are encouraged to host their own local level competitions, many do as a way to fundraise for their archery team. Oregon currently offers indoor regional and state, outdoor target state, 3D target state, along with a virtual indoor competition. The national level of competition award winning archers thousands of dollars in academic scholarships. As the program continues to grow, more competitive opportunities will be available.



The first step to starting an S3DA club is to find a location for archery practice to commence and kids that would be interested in joining the club. The second step would be to attend an instructor certification training.

After your instructor is trained, you will receive the equipment kit on a long-term loan basis. The requirements to keep this kit are:

1. A certified instructor is committed to the club
2. Annual coach and membership fees are paid

